

# Criteria for releasing covid-19 patients from isolation



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Adapted criteria for discharging patients from isolation without requiring retesting based on WHO and RIVM guidelines.

## **1. For asymptomatic patients:**

- 7 days after the first positive RT-PCR test (if no symptoms have developed)<sup>1</sup>

## **2. For symptomatic patients:**

- 10 days after symptom onset, plus 24 hours without symptoms

*Note: If after 10 days, cough, fever or diarrhea is still present, they will be contacted by the Department of Public Health a few days later for follow-up and possible release.*

Exceptions which still require retesting for discharge include the following groups.

## **Immunocompromised patients<sup>2</sup> and Healthcare personnel<sup>3</sup>**

- Same criteria as mentioned above  
+  
1 negative or weakly positive RT-PCR test

*Note: ventilated patients will be discharged based on established protocols.*

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<sup>1</sup> If symptoms were developed during the first 7 days, the criteria for a symptomatic patients will apply

<sup>2</sup> Retesting of immunocompromised patients will take place in consultation with treating physician.

Immunocompromised patient: an untreated HIV infection or HIV infection with a CD4 cell count < 200/mm<sup>3</sup>, reduced resistance to infections due to medication for autoimmune diseases, after organ or stem cell transplantation, in hematological disorders, in (functional) asplenie\*\*, in congenital or later-life severe immune disorders associated with a cellular immune disorder or requiring treatment, or during and < 3 months after chemotherapy and/or radiation in cancer patients.

<sup>3</sup> All health care personnel providing care to patients/clients.

**Sources:**

WHO guideline on criteria for releasing COVID-19 patients from isolation

<https://www.who.int/news-room/commentaries/detail/criteria-for-releasing-covid-19-patients-from-isolation>

RIVM

<https://lci.rivm.nl/richtlijnen/covid-19#maatregelen>