Criteria for releasing covid-19 patients from isolation

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Adapted criteria for discharging patients from isolation without requiring retesting based on WHO and RIVM guidelines.

1. For asymptomatic patients:
   - 7 days after the first positive RT-PCR test (if no symptoms have developed)

2. For symptomatic patients:
   - 14 days after symptom onset, plus 24 hours without symptoms

Exceptions which still require retesting for discharge include the following groups.

**Immunocompromised patients** and **Healthcare personnel**

- Same criteria as mentioned above
  + 1 negative or weakly positive RT-PCR test

*Note: ventilated patients will be discharged based on established protocols.*

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1 If symptoms were developed during the first 7 days, the criteria for a symptomatic patients will apply
2 Retesting of immunocompromised patients will take place in consultation with treating physician.
   Immunocompromised patient: an untreated HIV infection or HIV infection with a CD4 cell count < 200/mm3, reduced resistance to infections due to medication for autoimmune diseases, after organ or stem cell transplantation, in hematological disorders, in (functional) asplenie**, in congenital or later-life severe immune disorders associated with a cellular immune disorder or requiring treatment, or during and < 3 months after chemotherapy and/or radiation in cancer patients.
3 All health care personnel providing care to patients/clients.
Sources:

WHO guideline on criteria for releasing COVID-19 patients from isolation

RIVM
https://lci.rivm.nl/richtlijnen/covid-19#maatregelen